



**The journey of your life.**

## **Asian Emotions Unlimited**

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18 Tage Vietnam & Kambodscha & Thailand

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## Vietnam & Kambodscha & Thailand **Asian Emotions Unlimited**

Bereit für ein great adventure? Für Wolkenpass, Parfümfluss und den Ort des untertauchenden Drachen. Für erschütternde Szenen auf den »Killing Fields« und lächelnde Begegnungen mit einem einst gemarterten Volk. Dabei hatte es in Angkor das großartigste Bauwerk der Welt geschaffen. Entdecke es auf einer märchenhaften Reise durch Vietnam und Kambodscha.



## Included services:

- Abenteuerreise mit maximal 16 Teilnehmern
- Jede Reise findet statt
- Englisch sprechender, einheimischer Guide in internationaler Reisegruppe
- Unterkunft: 15 x Hotel, 1 x Boot, 1 x Nachtzug
- Transport: Nachtzug, privater Reiseminibus, Boot, Bus, Flugzeug
- Mahlzeiten: 14 x Frühstück, 3 x Mittagessen, 2 x Abendessen
- Aktivitäten laut Tagesprogramm
- Nationalparkgebühren & Eintrittsgelder
- 100 m² Regenwald 4 you (Jedem Gast schenken wir im Regenwald von Ecuador ein Grundstück, das Jahr für Jahr den CO<sub>2</sub>-Ausstoß seiner Reise kompensiert. Eingetragen auf seinen Namen und auf ewig seins.)
- Highlights: Bangkok – Schmelztiegel der Kulturen. Tempel-Hopping in Angkor. Im Drachenboot auf dem Parfümfluss. In einer Dschunke durch die märchenhafte Halong-Bucht segeln.
- Rail&Fly inkludiert bei allen Buchungen mit Flug

## Day-to-day-Itinerary:

### Day 1

#### Hanoi

Xin chao! Welcome to Vietnam. Your adventure begins with a welcome meeting at 6 pm. If you arrive early into the capital of Hanoi, there's plenty to see and do. Start by visiting the Temple of Literature, drop into a traditional tea house, and learn the stories of the Hoa Lo Prison museum. This tour concludes at Hoan Kiem Lake, surrounded by modern office buildings and ancient Buddhist temples. Or take it at your own pace and wander the Old Quarter and admire the city's French-colonial architecture, relax in a park, or enjoy some street food.

**included meals:** welcome dinner

#### **Welcome meeting will take place at 6 pm.**

Please look for a note in the hotel lobby or ask reception where it will take place. We'll be collecting insurance details and next of kind information at this meeting, so please ensure you bring these details to provide to your leader. If you can't arrange a flight that will arrive in time, you may wish to arrive a day early so you're able to attend. If you're going to be late, please inform the hotel reception.

**Accommodation:** Hotel / Hong Ngoc Cochinchine Hotel / 97 Nguyen Truong To St/ Hanoi, VIETNAM  
/ [www.hongngochotel.com](http://www.hongngochotel.com)

#### **Optional Activities**

- Hanoi - Women's Museum - VND30000
- Hanoi - Ho Chi Minh Complex: Ho Chi Minh, Stilt House and Museum - VND80000



✦ Hanoi - Museum of Ethnology - VND40000

## Day 2

### Halong Bay

Travel by private minibus to the spectacular World Heritage site of Halong Bay in the Gulf of Tonkin. The bay is dotted with sandy coves, grottoes and 1,600 limestone islands, which have been formed over millennia by wind and water erosion. Board a private boat and cruise the bay, exploring island caves and perhaps even enjoying a swim from Ti Top Island Beach during the warmer months. To end the day, spend a night aboard the boat beneath the night sky.

#### Included Activities

- ✦ Halong Bay - Overnight boat cruise seafood lunch and dinner
- ✦ Halong Bay - Cave entry

**Included meals:** breakfast, lunch, dinner

**Travel time:** Drive to Halong Bay approx. 4 hrs

It is recommended to pack a smaller overnight bag to take to Halong Bay for ease of boarding and disembarking. You can store your main luggage in Hanoi for tonight.

Swimming in the bay from the boats is banned by the local authority. Kayaking is restricted to designated zones within the bay.

**Accommodation:** Overnight boat

Your wooden junk-style boat has twin share cabins with air-conditioning and private facilities. There's also a dining room and bar to enjoy lunch, dinner and breakfast.

There are restrictions on the number of boats that are permitted to stay in the bay overnight, sometimes resulting in a shortage. To ensure all YOLO travellers can enjoy the experience of a night on the water, occasionally you will stay on a larger boat (with approximately 12 cabins) and share your boat with another group. Or your group may be split across different vessels, in which case a YOLO group leader will be present on each boat, and the route taken and inclusions on board will remain the same.

#### Optional Activities

- ✦ Halong Bay - Kayaking - VND250000



### Day 3

#### Hanoi/ Overnight train

Return by boat to Ha Long, and at approximately midday travel by bus back to Hanoi. Arrive late this afternoon, and use free time to shop, explore the sights or just relax. Later tonight board an overnight train to Hue.

**Included meals:** breakfast

There are shared day use hotel rooms available this afternoon after returning from Halong Bay if you would like to freshen up before the overnight train. There is one room provided between up to 6 members of the group. Single supplements do not apply to day rooms.

**Accommodation:** Overnight sleeper train

Sleeper trains typically have four-berth compartments (occasionally six berths depending on the season), which have bench seats that convert into sleeping bunks. A sheet, pillow and blanket are provided (although some travellers prefer to bring their own sleeping sheet). Most trains have a dining carriage serving simple food, but you may like to stock up on some food supplies before departure.

### Day 4

#### Hue

Arrive into Hue at approximately 11 am and transfer to the hotel. Once the imperial capital of Vietnam, Hue holds the treasures of the country's royal past. You'll have free time in the morning to rest or explore. The bustling Dong Ba Market is a great place to sample some of the foods that once graced the Nguyen emperors' tables, such as banh khoai (royal rice cake). After lunch, reunite with the group to visit the war-damaged ruins of the Hue Imperial Citadel complex, which once contained temples, state houses and the emperor's palace.

#### Included Activities

- Hue - Imperial citadel

**Accommodation:** Hotel



## Day 5

### Hue

Today, tour the sights of Hue on the back of a motorbike driven by a local guide. Enjoy a stop at Thanh Toan to see the 18th century covered bridge and villagers shopping at their local market. Visit the 17th-century active Buddhist monastery of Thien Mu Pagoda. During the visit you'll see the car of a former monk who drove to Saigon in 1963 to set himself alight to protest the poor treatment of Buddhists by the South Vietnamese regime. Enjoy a short boat cruise down the Perfume River before eating lunch inside a nunnery. Finally, visit the lakeside royal tomb of Emperor Tu Duc before heading back to Hue.

#### Included Activities

- Hue - Thien Mu Pagoda
- Hue - Royal tomb of Emperor Tu Duc
- Hue - Highlights & back streets by motorbike (lunch included)

**Included meals:** breakfast, lunch

This motorbike activity has been assessed for safety and is closely monitored. To participate please ensure your travel insurance covers riding pillion on a motorbike up to 125cc. If you prefer not to participate, please let your leader know and they will arrange car transportation (cost included). In 2020 we will no longer be including a cruise along the Perfume River due to poor feedback from past travellers. If you would like to do this activity during your free time in Hue, your leader can assist you with booking it.

**Accommodation:** Hotel

## Day 6

### Hoi An

This morning travel by bus through coastal rice paddies and the spectacular Hai Van Pass. After a photo stop en route, arrive into Hoi An. Recently declared a World Heritage site, Hoi An was a major international trading port during the 17th, 18th and 19th centuries. Today, parts of the beautifully preserved town retain the feel of centuries past. It's also a shopping mecca, famous for its plethora of tailors. On

arrival your leader will take you on a sightseeing walk through the Old Town to visit a handful of the city's major attractions. You'll also be given a sightseeing pass so you can further explore select attractions at your leisure.

#### Included Activities

- Hoi An - Old Town walking tour

**Included meals:** breakfast

**Travel time:** Approx. 3 hrs

**Accommodation:** Hotel



### Day 7

#### Hoi An

Today is a free day to explore Hoi An. Browse the town's cobbled streets and art galleries, or hire a bike and cycle through rice paddies out to Cua Dai Beach. Shop for paintings, ceramics and colourful cloth lanterns in the town's markets and preserved Chinese shop houses. Perhaps visit one of the hundreds of tailors in the city to get something special made. Hoi An is also known for its delicious regional food, so be sure to enjoy a meal at a riverside restaurant or perhaps partake in a cooking class.

**Included meals:** breakfast

**Accommodation:** Hotel

#### Optional Activities

- Hoi An - My Son Cham day trip (entrance fee, guide and transport included - USD35)

### Day 8

#### Ho Chi Minh City

Today take a short early morning flight to Ho Chi Minh City. Formerly known as Saigon, Ho Chi Minh City has a fascinating history and is arguably Vietnam's capital of commerce and culture. After landing, check in to your hotel and then take a sightseeing bus tour around the city. Pass the Reunification Palace, Notre Dame Cathedral and the Opera House, stopping in at the War Remnants Museum to discover some of the sobering stories of the Vietnam/American War.

#### Included Activities

- HCMC - War Remnants Museum
- HCMC - City tour

**Included meals:** breakfast

**Travel time:** Approx. 1 hour 30 mins

**Accommodation:** Hotel

#### Optional Activities

- HCMC - Reunification Palace - VND400000
- HCMC - A O show - VND1050000



### Day 9

#### Mekong Delta/Ho Chi Minh City

This morning head out on a day trip to explore the Mekong Delta. Board a private boat to Ben Tre to visit the coconut gardens, stopping at a local home to sample tropical fruits & coconut jams. Afterwards, paddle in sampans (small rowing boats) past water coconut trees along the Mekong. Take a tuk-tuk tour around the villages, learning about local rural life and how they make their living making coconut products like brooms and coconut fibre mats. Eat lunch at a restaurant in the heart of the Delta, sampling regional specialties such as the famous elephant ear fish. Then it's back to the boat to cruise the delta's major waterways to Ben Tre boat pier.

After the cruise return via bus to Ho Chi Minh City.

#### Included Activities

- HCMC - Mekong Delta day trip including Coconut Candy Factory and Village Tuk Tuk tour
- HCMC - KOTO dinner

**Included meals:** breakfast, lunch

**Accommodation:** Hotel

### Day 10

#### Ho Chi Minh City

You have a free day to consider many optional activities. You also have the option today to take an Adventures tour to the Cu Chi tunnels outside the city. This underground tunnel network in the middle of the jungle was used by the Viet Cong during the war. As this is a combination trip, your group leader and the composition of your group may change at this location. There will be a group meeting to discuss the next stage of your itinerary and you're welcome to attend, as this is a great chance to meet your new fellow travellers.

**Please note:** Today you may be required to move to a different hotel in Ho Chi Minh City, for the next section of your trip. Your leader will let you know if this is the case, and will help with the transfer to the next hotel.

**Accommodation:** Hotel

#### Optional Activities

- Ho Chi Minh City - Reunification Palace - VND40000
- Ho Chi Minh City - War Remnants Museum - VND40000





### Day 11

#### Phnom Penh

Travel by public bus through rural Vietnam and Cambodia to Phnom Penh. We cross the border, exiting Vietnam at Moc Bai and entering Cambodia at Ba Vet. Your leader will be on hand to assist with border crossing procedures. Cambodia's capital city is set on a major junction of the Mekong and Tonle Sap rivers and boasts some fine examples of French-inspired architecture. If you're looking for a tasty beverage on arrival, head to the Foreign Correspondents' Club for a mojito on the rooftop. If you're in the mood for shopping, stop in at the art-deco Psar Thmei (Central Market) or travel out to Psar Tuol Tom Pong (the Russian Market) for the best range of local souvenirs.

**Included meals:** breakfast

**Travel time:** Public bus to Phnom Penh approx. 10 hours

**Accommodation:** Hotel

### Day 12

#### Phnom Penh

Confront Cambodia's tragic past on a guided tour of the Tuol Sleng Genocide Museum, a former school which served as a Khmer Rouge torture centre. It's estimated that more than 20,000 people were held and tortured here. You will also head out to the Choeung Ek Memorial, where a stupa made up of some 8,000 human skulls marks the site of the infamous Killing Fields, the execution ground for the torture victims of Tuol Sleng. You can learn about a brighter period in Cambodian history from an optional visit to the Royal Palace and Silver Pagoda. Wat Phnom, shrouded in myth, is equally worth a visit, as is the National Museum with its excellent Khmer collection. Cyclo tours around the city are a great alternative to walking and generally include the central market, US Embassy, Wat Phnom, Mekong river front, independence monument and Royal Palace.

#### Included Activities

- Phnom Penh - The Killing Fields of Choeung Ek
- Phnom Penh - Tuol Sleng Prison Museum (S21)

**Included meals:** breakfast

**Accommodation:** Hotel

#### Optional Activities

- Phnom Penh - Royal Palace & Silver Pagoda - USD10
- Phnom Penh - Wat Phnom - USD2
- Phnom Penh - National Museum - USD10
- Phnom Penh - Cyclo tour - USD4



### Day 13

#### Battambang

Travel by private minibus to Battambang. Break up an otherwise long trip with a visit to Kampong Luong, a marvellously colourful village that floats on the water. Spend an hour traversing between houses and other boats before hitting the road once more. Cambodia's second-largest city, Battambang (pronounced Battambang), is a pretty riverside town of French elegance, friendly Khmer people and beautifully preserved colonial architecture. There's also an optional cooking class to learn the secrets of local dishes such as amok, Khmer curry & fried spicy chicken.

#### Included Activities

- Kampong Luong - Tonle Sap floating village visit

**Included meals:** breakfast

**Travel time:** Bus ride from Phnom to Battambang takes approx. 6 hrs

**Accommodation:** Hotel

#### Optional Activities

- Battambang - Cooking Class - USD12

### Day 14

#### Siem Reap

Spend a bit of time riding around the countryside by bike, travelling out to local cottage industries to meet with on-site producers. Get a better insight into rural life in Cambodia, share a few snacks, then continue by private bus to Siem Reap. Arrive in Siem Reap in the evening and relax as you prepare for your much-anticipated visit to Angkor tomorrow. Perhaps hit the markets for some delicious street food.

#### Included Activities

- Battambang - Rural Food and Cycle Tour

**Included meals:** breakfast

**Travel time:** Bus to Siem Reap approximately 3 hours

The distance covered by bicycle is approximately 24kms. If you prefer not to cycle, please let your leader know and they will arrange remork (tuk tuk) transportation (cost included). **Accommodation:** Hotel



### Day 15

#### Siem Reap / Angkor Wat

Temple-hop with your local guide and make the most of your visit to the world-famous Angkor complex. The temples, dating back as far as the 9th century, were believed to represent the cosmic world and were set in perfect balance, symmetry and composition. The intricately carved bas-reliefs and architectural designs are mindblowing and there are spectacular photo opportunities at any time of day. Watching a sunrise or sunset is a must. The ruins are scattered over an area of some 160 square kilometres, but the main cluster of temples is close to Siem Reap, so there will be plenty of time to fully appreciate the great archaeological sites of Angkor Wat, Bayon and the jungle-covered Ta Prohm.

#### Included Activities

- Siem Reap - Three Day Angkor Pass
- Siem Reap - Angkor Temples Guided Tour

**Included meals:** breakfast

Temperatures and humidity can be high in Cambodia, especially walking around sights like the Angkor complex where there may be little shade. Be prepared by taking plenty of drink breaks and wearing appropriate skin protection. Some travellers find an umbrella handy to keep the sun off (this will also come in handy should it rain!) **Accommodation:** Hotel

### Day 16

#### Siem Reap / Angkor Wat

Continue your explorations of the Angkor complex. You may like to spend just the morning making further discoveries here, and save your afternoon for an optional activity elsewhere. Keen adventurers can take the Angkor zip-line adventure which gives an amazing birds-eye view of the rainforest, not to mention an adrenaline rush.

#### Included Activities

- Siem Reap - Angkor Temples Guided Tour

**Included meals:** breakfast

**Accommodation:** Hotel

#### Optional Activities

- Siem Reap - Angkor Zipline - USD129
- Siem Reap - Landmine Museum - USD5



### Day 17

#### Bangkok

It's a long drive from Siem Reap to Bangkok. You will exit Cambodia at Poipet and enter Thailand at Aranyaprathet. Your leader will be on hand to assist with border crossing procedures. Arrive in Thailand's bustling capital and take in this exciting world of tuk tuks, khlong boats, and street vendors serving up delicious Thai food. Perhaps head out to sample some local specialties as a final farewell with your fellow travellers.

**Included meals:** breakfast

**Travel time:** Private bus ride to Bangkok approx 10 hrs in private bus (including border crossing and lunch).

**Accommodation:** Hotel / Nouvo City Hotel (Canal Wing) / 2 Samsen Road / Banglumphu, Bangkok 10200

### Day 18

#### Bangkok

Your trip comes to an end after breakfast, with no further activities planned. Bangkok is full of things to do, including the Grand Palace, Temple of the Emerald Buddha, and the fascinating Jim Thompson museum.

#### Optional Activities

- Bangkok - Jim Thompson's House - THB150

## Accommodation on your trip:

During the trip you might stay in the following accomodation. Please note that, depending on availabilities, these may vary from departure to departure.

- Day 1 Hong Ngoc Cochinine Hotel (<http://hong-ngoc-cochinine.tophanoihotels.com>)
- Day 2 Dschunke
- Day 3 Nachtzug
- Day 4 Gold 1 Hotel ([www.goldhotelhue.com](http://www.goldhotelhue.com))
- Day 5 Gold 1 Hotel
- Day 6 Thuy Duong 3 Hotel ([www.thuyduonghotel-hoian.com](http://www.thuyduonghotel-hoian.com))
- Day 7 Thuy Duong 3 Hotel
- Day 8 Queen Ann Hotel ([www.queenannhotelvn.com](http://www.queenannhotelvn.com))
- Day 9 Queen Ann Hotel
- Day 10 Queen Ann Hotel
- Day 11 Town View II (<https://town-view-ii.hotel-phnompenh.com/de>)
- Day 12 Town View II
- Day 13 Steung Sangke Hotel ([www.stungsangkehotel.com](http://www.stungsangkehotel.com))



- Day 14 Dinata Angkor Boutique Hotel ([www.dinataangkor.com](http://www.dinataangkor.com))
- Day 15 Dinata Angkor Boutique Hotel
- Day 16 Dinata Angkor Boutique Hotel
- Day 17 Nouvo City Hotel ([www.nouvocityhotel.com](http://www.nouvocityhotel.com))

## Important Notes

- This trip involves some long stints of travel, including a 12-hour overnight train to Hue. Although conditions are basic, overnight trains are a true experience and the best way to travel long distances, meet locals and maximise time at your destinations. Occasionally passengers of different genders will be required to share a compartment and/or you'll be sharing with locals or travellers from other groups.
- The sightseeing tour by motorbike in Hue is great fun with bikes driven safely by professionals (and helmets provided), but alternative transport can be arranged for those who would prefer not to travel by motorbike.
- The weather in this region of Asia can be hot and sticky, particularly during the monsoon seasons, so ensure that you pack accordingly and are prepared for some days of walking and sightseeing in the heat. Please also wear sunscreen and a hat and carry plenty of water.
- There are some long travel days by both private and public transport (up to 10 hours on the road), including the days that we cross from Vietnam to Cambodia and Cambodia to Thailand. Your leader and local guides will assist with the border crossings, but plenty of patience is advised.
- Visas are the responsibility of the individual traveller. Entry requirements can change at any time, so it's important that you check for the latest information. Please visit the relevant consular website of the country or countries you're visiting for detailed and up-to-date visa information specific to your nationality. Visas can take several weeks to process, so familiarise yourself with any requirements as soon as you have booked your trip to allow for processing time and costs.
- We recommend 200 € for meals not included during the trip.
- A single supplement to have your own room is bookable on this trip with exception of Day 3 (Overnight train) and Day 2 (Halong Bay boat), subject to availability.
- This is a shared tour. That means that tour operators from all over the world book their guests onto this tour. So you will be travelling in an international group.

## Preishinweise:

- Einzelzimmerzuschlag: 369 €
- Langstreckenflug Frankfurt - Hanoi und zurück von Bangkok: z.B. Vietnam Airlines, Emirates, Qatar, Turkish Airlines ab 699 €
- Rail & Fly innerhalb Deutschlands (2. Klasse): inkludiert bei Flugbuchung über YOLO
- Flughafentransfers im Zielland: Hintransfer 34 € pro Auto (bis zu 2 Personen), Rücktransfer 53 € pro Auto (bis zu 2 Personen)
- Vor- bzw. Anschlussübernachtung im Tourhotel, Preise pro Nacht und pro Person (exkl. Frühstück):



Vorübernachtung 19 € p.P. im DZ, 38 € im EZ; Anschlussübernachtung 36 € p.P. im DZ, 72 € im EZ



# **Wohin geht die Reise? Immer ins Herz.**

**YOLO**

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Änderungen und Irrtümer vorbehalten

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